



July 1st, 2026
Toulouse, France

ESSKA Advanced Knee Arthroscopy Course - ALL about ACL and rotatory instability of the knee



An ESSKA 'All about..' Surgical-Skills Course

ESSKA Faculty



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Dr. Alan Getgood
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This **practical** cadaveric course is dedicated to learn anterolateral **knee stabilization techniques** (ALL / LET) and the **management of posteromedial meniscal injuries** concomitant with an **ACL injury**.

Learning objectives:

Secondary restraints play a crucial role in controlling knee rotational stability.

The lectures will be directly correlated to what the attendees will perform in the laboratory.
The attendee is expected to learn all about the rotatory instability of the knee

The aim of this course is to learn about and perform the various techniques of anterolateral tenodesis.

Diagnostic and therapeutic management of ramp lesions of the posterior segment of the internal meniscus will also be covered.

Programme

Wednesday july 1st

Start	End		
07:45	08:00	Registration & Welcome coffee	
08:00	08:10	Welcome and Introduction	<i>E. Cavaignac</i>
08:10	08:20	How to access the PM aspect of the knee	<i>A. Grassi</i>
08:20	08:30	How to suture a ramp lesion	<i>V.Marot</i>
08:30	10:00	First Lab Session – Practical session on cadaver <ul style="list-style-type: none"> a. Approach of the PM aspect of the knee b. Suture of ramp lesion with hook 	
10:00	10:20	Coffee break	
10:20	10:30	Why performing ALL/LET	
10:30	10:40	Overview of the different techniques for LET (ALL & Lemaire)	<i>A. Getgood</i>
10:40	12:30	Second Lab session – Practical session on cadaver <ul style="list-style-type: none"> a. Harvesting the graft for ACL b. Lat tenodesis 	
12:30	13:30	Lunch break	
13:30	15:30	Third Lab session – Practical session on cadaver <ul style="list-style-type: none"> a. ACL b. Lat tenodesis c. Attendee suggestions 	
15:30	15:55	Discussion on clinical cases	<i>J. Chahla</i>
15:55	16:00	Take-home messages	<i>E. Cavaignac</i>

Course venue

Institut d'Anatomie et de Simulation Chirurgicale

Centre de Don du Corps - Université Toulouse III
133 route de Narbonne, Bât. A1
31400 Toulouse

Registrations

Registrations are limited to **20 people**, book your seat [here](#).

1500€ (for ESSKA members) including ESSKA Advanced Knee Arthroscopy Course – ALL about rotatory instability of the knee & Access to PCO course on May 22 & 23.

1700€ (for non-ESSKA members) including ESSKA Advanced Knee Arthroscopy Course – ALL about rotatory instability of the knee & Access to PCO course on July 2nd & 3rd.

Registration includes:

- Coffee breaks
 - Lunch
 - Dinner on July 1st – La brasserie des Beaux Arts – 20h00
 - Registration to the Practical Course Orthopedics on July 2nd & 3rd.
- More information: www.practicalcourseorthopedics.com



**PRACTICAL COURSE
ORTHOPEDICS**

Hotel information

Book your hotel [here](#).

Transfers

Nearest airport is:

Toulouse-Blagnac Airport: 30 minutes by car

Book your travel [here](#).

Contact information

EUROPA GROUP

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