



21 May 2025
Toulouse, France

ESSKA Advanced Knee Arthroscopy Course - ALL about ACL and rotatory instability of the knee

An ESSKA 'All about..'
Surgical-Skills Course





The ESSKA Advanced Knee Arthroscopy Course is designed to provide certified Orthopaedic Surgeons thorough didactic and practical training in challenging disorders of the knee from renowned ESSKA Faculty using state of the art surgical facilities.

Location:

Institut d'Anatomie et de Simulation Chirurgicale
133 route de Narbonne, Bât. A1
31400 Toulouse

www.practicalcourseorthopedics.com

ESSKA Faculty



Prof. Etienne Cavaignac

Course Director
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Prof. Vincent Marot

Hospital Nostra Senyora de
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Dr. Nicolas Bouguennec

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Dr. Simone Perelli

Hospital Universitari Quiron Dexeus
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Prof. Camilo Helito

Sírio Libanês Hospital
São Paulo, Brazil



Prof. Bertrand Sonnery-Cottet

Centre Orthopedique Santy, FIFA
medical Center of Excellence
Lyon, France



Prof. Edoardo Monaco

Sapienza University of Rome
Roma, Italy



Prof. Andy Williams

Fortius Clinic
London, United Kingdom

This **practical** cadaveric course is dedicated to learn anterolateral **knee stabilization techniques** (ALL / LET) and the **management of posteromedial meniscal injuries** concomitant with an **ACL injury**.

Learning objectives:

Secondary restraints play a crucial role in controlling knee rotational stability.

The lectures will be directly correlated to what the attendees will perform in the laboratory. The attendee is expected to learn all about the rotatory instability of the knee

The aim of this course is to learn about and perform the various techniques of anterolateral tenodesis.

Diagnostic and therapeutic management of ramp lesions of the posterior segment of the internal meniscus will also be covered.

Programme

Wednesday 21 May

| Start | End | | |
|-------|-------|---|--------------------------|
| 07:45 | 08:00 | Registration | |
| 08:00 | 08:10 | Welcome and Introduction | <i>E. Cavaignac</i> |
| 08:10 | 08:20 | How to access the PM aspect of the knee | <i>S. Perelli</i> |
| 08:20 | 08:30 | How to suture a ramp lesion | <i>V. Marot</i> |
| 08:30 | 10:00 | First Lab Session | |
| | | a. Approach of the PM aspect of the knee | |
| | | b. Suture of ramp lesion with hook | |
| 10:00 | 10:20 | Coffee break | |
| 10:20 | 10:30 | Why perform ALL/LET | <i>B. Sonnery-Cottet</i> |
| 10:30 | 10:40 | How to harvest the graft including Rectus Femoris | <i>C. Helito</i> |
| 10:40 | 10:50 | Overview of the different techniques for LET (ALL & Lemaire) | <i>E. Monaco</i> |
| 10:50 | 12:30 | Second Lab session | |
| | | a. Harvesting the graft for ACL | |
| | | b. Lat tenodesis | |
| 12:30 | 13:30 | Lunch break | |
| 13:30 | 15:30 | Third Lab session | |
| | | a. ACL | |
| | | b. Lat tenodesis | |
| | | c. Attendee suggestions | |
| 15:30 | 15:55 | Discussion on clinical cases | <i>A. Williams</i> |
| 15:55 | 16:00 | Take-home messages | <i>E. Cavaignac</i> |

Course venue

Institut d'Anatomie et de Simulation Chirurgicale

Centre de Don du Corps - Université Toulouse III
133 route de Narbonne, Bât. A1
31400 Toulouse

Registrations

Registrations are limited to **20 people**, book your seat [here](#).

1500€ (for ESSKA members) including ESSKA Advanced Knee Arthroscopy Course – ALL about rotatory instability of the knee & Access to PCO course on May 22 & 23.

1700€ (for non-ESSKA members) including ESSKA Advanced Knee Arthroscopy Course – ALL about rotatory instability of the knee & Access to PCO course on May 22 & 23.

Registration includes:

- Coffee breaks
 - Lunch
 - Dinner on May 21st
 - Registration to the Practical Course Orthopedics on May 22 and 23.
- More information: www.practicalcourseorthopedics.com



**PRACTICAL COURSE
ORTHOPEDICS**

Hotel information

Book your hotel [here](#).

Transfers

Nearest airport is:

Toulouse-Blagnac Airport: 30 minutes by car

Book your travel [here](#).

Other details

Course language: English

Dress code: Business casual

Contact information

EUROPAGROUP

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