



# ESSKA Advanced Knee Arthroscopy Course ALL about residual rotational laxity of the knee

5 June 2024 in Toulouse, France



The ESSKA Advanced Knee
Arthroscopy Course is designed to
provide certified Orthopaedic
Surgeons thorough didactic and
practical training in challenging
disorders of the knee from
renowned ESSKA Faculty using state
of the art surgical facilities.

# ESSKA Faculty



**Prof. Etienne Cavaignac**Course Director
CHU de Purpan *Toulouse, France* 



**Prof. Vincent Marot**Hospital Nostra Senyora de Meritxell *Escaldes, Andorra* 



**Dr. Nicolas Bouguennec** Clinique du Sport de Bordeaux *Bordeaux, France* 



**Prof. Edoardo Monaco** Sapienza University of Rome *Rome, Italy* 



**Dr. Simone Perelli**Hospital Universitari
Quiron Dexeus
Barcelona, Spain



**Prof. Bertrand Sonnery-Cottet**Centre Orthopedique Santy, FIFA medical Center of Excellence *Lyon, France* 



**Prof. Wolf Petersen**Martin Luther Hospital *Berlin, Germany* 

# Learning objectives

Secondary restraints play a crucial role in controlling knee rotational stability.

The lectures will be directly correlated to what the attendees will perform in the laboratory. The attendee is expected to learn all about the rotatory instability of the knee

The aim of this course is to learn about and perform the various techniques of anterolateral tenodesis.

Diagnostic and therapeutic management of ramp lesions of the posterior segment of the internal meniscus will also be covered.

# Programme

		Wednesday 5 June	
Start	End		
07:45	08:00	Registration	
08:00	08:10	Welcome and Introduction	E. Cavaignac
08:10	08:20	How to access the PM aspect of the knee	S. Perelli
08:20	08:30	How to suture a ramp lesion	V.Marot
08:30	10:00	First Lab Session	
		a. Approach of the PM aspect of the knee	
		b. Suture of ramp lesion	
10:00	10:20	Coffee break	
10:20	10:30	Why perform ALL/LET	B. Sonnery-Cottet
10:30	10:40	How to harvest the graft	N. Bouguennec
10:40	10:50	Overview of the different LET ( ALL & Lemaire) techniques	E. Monaco
10:50	12:30	Second Lab session	
		a.Harvesting the graft for ACL	
		b. Lat tenodesis	
12:30	13:30	Lunch	
13:30	15:30	Third Lab session	
		a. ACL	
		b. Lat tenodesis	
		c. Attendee suggestions	
15:30	15:55	Discussion on clinical cases	W.Petersen
15:55	16:00	Take-home messages	E. Cavaignac

### Course venue

### Institut d'Anatomie et de Simulation Chirurgicale

Centre de Don du Corps - Université Toulouse III 133 route de Narbonne, Bât. A4 31400 Toulouse

## Registrations

Registrations are limited to **20 people**, book your seat <u>here</u>.

1500€ (for ESSKA members)

1700€ (for non-ESSKA members)

### Registration include:

- coffee breaks
- lunch
- dinner on 5 June
- Registration to the Practical Course Orthopedics on June 6 and 7.
   More information: <a href="www.practicalcourseorthopedics.com">www.practicalcourseorthopedics.com</a>



# Hotel information

Book your hotel here.

# **Transfers**

Nearest airport is:

Toulouse-Blagnac Airport: 30 minutes by car

Book your travel here.

# Other details

Course language: English

Dress code: Business casual

The course has been accredited for 6 of EBAC® CE credits



# Notes

# Contact information

**EUROPA GROUP** 

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