



PRACTICAL COURSE ORTHOPEDICS

Observe, reflect, perform

EFFICIENCY
PATIENT SELECTION
SPORTS INJURY
ROBOTICS

5-7 June
2024

Pierre Baudis
Convention Centre
Toulouse

PRELIMINARY PROGRAMME

Valid as of march 1st 2024

www.practicalcourseorthopedics.com

PROGRAMME AT A GLANCE

WEDNESDAY JUNE 5 | ESSKA PRE COURSE

ANATOMY LABORATORY OF RANQUEIL		07:45	08:00	10:00	10:20	12:30	13:30	15:30	16:00
ANATOMY LABORATORY OF RANQUEIL	WELCOME & REGISTRATION	ESSKA Advanced Knee Arthroscopy Course – I-PM aspect of the knee & suturing a ramp lesion		COFFEE BREAK	ESSKA Advanced Knee Arthroscopy Course –II-ALL/LET, ACL & Lat tenodesis		LUNCH BREAK	ESSKA Advanced Knee Arthroscopy Course–III-Practice in the Lab: ACL, Lat tenodesis, & attendee suggestions	
								ESSKA Advanced Knee Arthroscopy Course–IV-Clinical cases & Take home messages	

WEDNESDAY JUNE 5 | PCO COURSE

PIERRE BAUDIS CONVENTION CENTRE		13:00	14:00	15:00	16:00	16:30	18:00	
MAIN ROOM	WELCOME & REGISTRATION	Deploying your soft skills during a consultation: An afternoon with Nicolas Reina, Sebastien Parratte & Vikas Khanduja Hospital leadership - How to build a constructive alliance?		Deploying your soft skills during a consultation: An afternoon with Nicolas Reina, Sebastien Parratte & Vikas Khanduja Build your E-reputation		COFFEE BREAK	Deploying your soft skills during a consultation: An afternoon with Nicolas Reina, Sebastien Parratte & Vikas Khanduja Practicing your soft skills with your patients	

THURSDAY JUNE 6

PCO COURSE - PIERRE BAUDIS CONVENTION CENTRE		08:00	08:50	09:55	10:55	11:10	12:15	13:15	14:15	15:20	16:20	16:40	17:30	
MAIN ROOM	WELCOME & REGISTRATION	2023 Game changers: Key break-throughs that made the year		Virtual fellowship Sébastien Lustig: Robotics in surgery		COFFEE BREAK	Live clinics: Degenerative knee pathologies		Partner session		COFFEE BREAK	Hip preservation: Patient stratification- a bad candidate for preservation but a good candidate for TJA?		
												Ceremony & Keynote: Choosing the right patient: risk factors tied to patients		
WORKSHOP 1							Planning hip surgery scope, TJA/, robots, 2D & 3D		Return to play: Live analysis of a 6 months post ACL surgery patient		Workshop Osteotomy: Planning and practical implementation on dry bone of a slope osteotomy concomitant with ACL surgery <i>limited to 20 seats</i>		The basics: Management of a degenerative meniscus lesion in 2024 <i>Session with FORTE & CJO</i>	
WORKSHOP 2				Exclusive workshops by our industry partners			Exclusive workshops by our industry partners		Exclusive workshops by our industry partners		Exclusive workshops by our industry partners			

FRIDAY JUNE 7

PCO COURSE - PIERRE BAUDIS CONVENTION CENTRE		07:30	08:00	09:05	10:05	10:30	11:35	12:35	13:35	14:40	15:40	16:00	17:05
MAIN ROOM	WELCOME & REGISTRATION	Entrepreneurship in orthopedics		Virtual Fellowship with Frederic Laude: From conservative to recon		Live clinics: Sport		Return to normal life after surgery: How can we improve the patient experience and our results?		Partner session		Hip session: Bilateral THA, Resurfacing saves lives, How cartilage imaging predicts OA and THA, Debate stem length, resurfacing and kinematics - Personalized care	
												SFHG @PCO: Crossfire DM vs Modular DM	
WORKSHOP 1				SFA 2023@PCO: SFA 2023 Best moments, ACL-LII, ACL graft incorporation, Ligament allografts for ACL damage		One man, One technique - video session: Capsular hip scope release, Dysplastic hip cup positioning, PostOp physio after hip scope for elite athletes, Reverse PAO		Planning & Correcting: <i>Limited to 20 surgeons</i>		EKS 2023@PCO: EKS 2023 Best moments		Arthroscopy gags	
WORKSHOP 2				Exclusive workshops by our industry partners		Exclusive workshops by our industry partners		Exclusive workshops by our industry partners		Exclusive workshops by our industry partners		Exclusive workshops by our industry partners	



ESSKA Advanced Knee Arthroscopy Course - All about residual rotational laxity of the knee

ANATOMY LABORATORY - RANGUEIL

08:00-10:00 ESSKA Advanced Knee Arthroscopy Course-I-PM aspect of the knee & suturing a ramp lesion

08:00 Welcome & Introduction

08:10 How to access the PM aspect of the knee

08:20 How to suture a ramp lesion

10:00-10:20 Coffee break

10:20-12:30 ESSKA Advanced Knee Arthroscopy Course-II-ALL/LET, ACL & Lat tenodesis

10:20 Why perform ALL/LET

10:30 How to harvest the graft

10:40 Overview of the different LET (ALL & Lemaire) techniques

12:30-13:30 Lunch break

13:30-15:30 ESSKA Advanced Knee Arthroscopy Course -III-Practice in the Lab: ACL, Lat tenodesis, & attendee suggestions

15:30-16:00 ESSKA Advanced Knee Arthroscopy Course-IV-Clinical cases & Take home messages

15:30 Discussing clinical cases

15:55 Take home messages

PCO Course - Pierre Baudis Convention Centre

MAIN ROOM

12:30-14:00 Welcome & registration

14:00-15:00 Deploying your soft skills during a consultation: An afternoon with Nicolas Reina, Sebastien Parratte & Vikas Khanduja

Institutional management and medical teams sometimes have different views on care, or perhaps complementary ones. Loic Lagarde is director of one of France's largest private healthcare centres and will explain how to build a constructive relationship with hospital administrations.

14:00 Hospital leadership- How to build a constructive alliance?

15:00-16:00 Deploying your soft skills during a consultation: An afternoon with Nicolas Reina, Sebastien Parratte & Vikas Khanduja

There are rules governing the digital presence of healthcare professionals, but it is a necessary part of the modern landscape, enabling them to exchange information on techniques and modern methods of care, and to disseminate research findings. Which social networks? For what purposes? For which audience?

15:00 Build your E-reputation

EXHIBITION AREA

16:00-16:30 Coffee break

MAIN ROOM

16:30-18:00 Deploying your soft skills during a consultation: An afternoon with Nicolas Reina, Sebastien Parratte & Vikas Khanduja

The practitioner's attitude during the surgical, physiotherapy or sports medicine consultation is crucial to establishing a relationship of trust. A care pathway with several practitioners builds quality through personalised care.

16:30 Practicing your soft skills with your patients



We will propose exclusive workshops set-up by our industry partners to discover their latest innovations throughout the course. Registrations will open 2 months prior to the course - seats will be limited and allocated on a first come, first serve basis

MAIN ROOM

08:00-08:50 Welcome & registration

08:50-09:50 2023 Game changers: Key break-throughs that made the year

What's new in musculoskeletal care. 2023 has been rich in concepts, publications and conferences. What are the most important new developments and trends? Our experts summarise the highlights of 2023 for you.

09:55-10:55 Virtual fellowship Sébastien Lustig: Robotics in surgery

Robotics is certainly an evolution in orthopedics. How has Sébastien Lustig integrated this practice into the activities of his university hospital department?

Come and experience what it's like to visit the operating theatre with Professor Lustig, and take part in the debate that follows.

EXHIBITION AREA

10:55-11:10 Coffee break

MAIN ROOM

11:10-12:10 Live clinics: Degenerative knee pathologies

Clinical examination remains the key to diagnosis. Several experts will discuss the key elements and the therapeutic decision-making process with real patients between conservative or prosthetic indications.

We will see how experienced surgeons interact with real patients. Diagnoses and management will be discussed live.

WORKSHOP 1

11:10-12:10 Planning hip surgery scope, TJA/, robots, 2D & 3D

Preoperative planning has shown its impact on clinical outcomes in hip surgery. Whether in conservative surgery for femoro-acetabular impingement or arthroplasty, our experts will discuss how planning technologies are useful in practice.

EXHIBITION AREA

13:15-14:15 Lunch break

MAIN ROOM

14:15-15:15 Virtual fellowship with Kristoff Corten

Efficiency in the operating room and in clinical evaluation requires optimised organisation and teamwork. Kristoff Corten has based his hip surgery practice in Belgium on a high level of activity with a constant concern for efficiency.

15:20-16:20 Live clinics: Hips- Indication limit

The borderline between conservative surgery (PAO or arthroscopy) and non-conservative treatment has evolved considerably with the development of modern decision-making algorithms. Our KOLs will discuss the therapeutic indications for these "borderline" patients.

EXHIBITION AREA

16:20-16:40 Coffee break

MAIN ROOM

16:40-17:25 Hip preservation: Patient stratification- a bad candidate for preservation but a good candidate for TJA?

Who is the right patient for conservative surgery / total hip arthroplasty? Stratification is the key to patient selection and surgical indication.

17:30-18:10 Ceremony & Keynote

Patients have risk factors that influence the outcome of medical and surgical management. These factors, which may or may not be modifiable, sometimes require discussion of the therapeutic decision in order to optimise results. Simon Marmor will share his experience with us.

17:30 Choosing the right patient: risk factors tied to patients

WORKSHOP 1

16:40-17:25 The basics: Management of a degenerative meniscus lesion in 2024

Session on the fundamentals. How to manage a degenerative meniscal lesion using the techniques and knowledge of 2024.

16:40 ESSKA consensus

16:50 How to make a diagnosis

17:00 Clinical exam

17:15 Treatment in 2024

EXHIBITION AREA

07:30-08:00 Welcome & registration

MAIN ROOM

08:00-09:00 Entrepreneurship in orthopedics

One problem, one solution. Orthopedics is rich in innovation, with many business opportunities to improve the lives of our patients.

09:05-10:05 Virtual fellowship with Frédéric Laude: From conservative to recon

A precursor of the anterior approach, Frédéric Laude influenced the development of subspecialisation in orthopaedics. From conservative surgery to prosthesis revision, understanding the coxofemoral joint is a key to a cross-disciplinary vision of modern hip surgery.

WORKSHOP 1

09:05-10:05 SFA 2023 @ PCO

The best moments of the SFA 2023 in 1 hour.

09:05 Symposium ACL -LLI

09:25 ACL graft incorporation

09:45 Ligament allografts for ACL damage

EXHIBITION AREA

10:05-10:30 Coffee break

MAIN ROOM

10:30-11:30 Live clinics: Sport

Clinical examination remains the key to treatment. Several experts will discuss the key elements and the therapeutic decision-making process with real patients between conservative or prosthetic indications.

We will see how experienced surgeons interact with real patients. Diagnoses and management will be discussed live.

WORKSHOP 1

10:30-11:30 One man, One technique

10:30 Capsular hip scope release

10:45 Dysplastic hip cup positioning

11:00 PostOp physio after hip scope for elite athletes

11:15 Reverse PAO

11:35-12:35 Planning & Correcting

Come and learn how to plan and perform a corrective osteotomy on dry bone in the frontal plane of the tibia and femur.

MAIN ROOM

11:35-12:35 Return to normal life after surgery - How can we improve the patient experience and our results?

How can we improve our results in lower limb surgery through feedback from several patients? We will take the opinions of the surgeon, the rehabilitation specialist and the patients.

EXHIBITION AREA

12:35-13:35 Lunch break

MAIN ROOM

13:35-14:35 Partner session**14:40-15:40 Hip session**

14:40 Bilateral THA

14:55 Resurfacing saves lives

15:10 How cartilage imaging predicts OA and THA

15:25 Debate stem length, resurfacing and kinematics - Personalized care

WORKSHOP 1

14:40-15:40 EKS @ PCO

EKS 2023 highlights in 1 hour.

EXHIBITION AREA

15:40-16:00 Coffee break

MAIN ROOM

16:00-17:00 SFHG @ PCO: Crossfire DM vs Modular DM

Used for 40 years in France, dual mobility cups have taken on a major role in the management of unstable total hip arthroplasties and those at risk of instability. Our KOLs will compare the French vision with international practice.

17:05-17:15 Closing ceremony

Register now and organize your travel and accommodation!
www.practicalcourseorthopedics.com

GENERAL INFORMATION

COURSE DIRECTORS

Etienne
Caragnac



Nicolas
Reina



Sébastien
Parratte



Vikas
Khanuja



DATES

From 5th to 7th June 2024

LOCATION

Pierre Baudis Convention Centre
11 Esp. Compans Caffarelli, 31000 Toulouse

ESSKA PRE-COURSE

5 June 2024
Anatomy Laboratory - Rangueil
University Toulouse III,
133 route de Narbonne, Bât. A4, 31400 Toulouse

OFFICIAL LANGUAGE

English, translation will be available in French.

